



Welcome to Xcel Physical Therapy

Ben and staff at Xcel apologize in advance for the amount of paperwork. We are trying to provide you the best treatment and in doing so, it is helpful to collect this information.

If you have a list of medications, surgeries, etc. that you want us to copy we would be happy to do so to expedite this process.

It is your responsibility and best interest to check with your insurance company regarding coverage of physical therapy services. We would be happy to assist with this process but cannot guarantee your benefits as described to us.

When checking in for service we expect copayment, deductible and/or co-insurance on the date of service. Use of credit cards will include a 3% processing fee.



Consent for Treatment and Healthcare Operations

I consent to the use or disclosure of my protected health information by Xcel Physical Therapy, including therapists who practice under the name, for the purposes of diagnosing or providing treatment to me, obtaining payment for my health care bills, or conduct health care operations of Xcel Physical Therapy. I understand that assessment or treatment of me by the therapists of Xcel Physical Therapy may be conducted upon my consent as evidence by my signature on this document.

I understand I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment, or healthcare operations of the practice. Xcel Physical Therapy is not required to agree to the restrictions that I may request. However, if Xcel Physical Therapy agrees to a restriction that I request, the restriction is binding on Xcel Physical Therapy and the therapist that practice therein.

I have the right to revoke this consent in writing at any time except to the extent that Xcel Physical Therapy or its therapists have taken action in reliance on this consent.

My protected health information means information including my demographic information, collected from me and created or received by my therapist, another health care provider, a health plan, my employer or a health care clearinghouse. This protected health information relates to my past, present, or future physical or mental health or condition and identifies me or there is a reasonable basis to believe the information may identify me.

I understand I have a right to review Xcel Physical Therapy Notice of Privacy Practice prior to signing this document. Xcel Physical Therapy notice of privacy practice has been made available to me. The Notice of Privacy Practice describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Xcel Physical Therapy. The Notice of Privacy Practices for Xcel Physical Therapy is also provided at the front desk. This Notice of Privacy Practice also describes my rights and the Xcel Physical Therapy duties with respect to my protected health information.

Xcel Physical Therapy reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by calling the office or requesting by writing/mail, or asking for one at my next appointment.

Printed Name: _____
Signature: _____
Legal Guardian: _____
Date: _____



Patient Registration Form

Name: _____ SS#: _____
Home Phone: _____ Other Phone: _____
Birth Date: ___/___/___ Age: ____
Home (Local) Address: _____ City/Zip: _____
Secondary Address (address/city/state/zip): _____
Email (optional): _____
Primary Insurance: _____ Subscriber: self ___ spouse ___ parent ___
Secondary Insurance: _____ Subscriber: self ___ spouse ___ parent ___
Friend/relative in case of emergency: _____ Phone: _____
Primary / Family Physician: _____
Case Manager (typically with auto or work injuries): _____
Case Manager Phone #: _____

Injured body part(s): _____
Circle all that apply: Pain Swells Catches restricts mobility gives out

Initial the following:

_____ I consent to the evaluation and on going treatment of physical and/or occupational therapy services at Xcel Physical Therapy. I may decline any intervention at any time by verbalizing my wishes to my therapist.

_____ I have had the opportunity to review the HIPAA Privacy and Disclosure Notice at Xcel Physical Therapy and agree to the release of information as stated in that notice.

_____ I assign directly to Xcel Physical Therapy all medical benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize Xcel Physical Therapy to release all information necessary to secure the payment of benefits, including but not limited to your (patient) insurance or third party payor. I authorize the use of this signature on all of my insurance submissions. I have no mental or cognitive issues that would preclude me from authorizing treatment, or accurately fill out the documentation, or understand my rights as a patient.

Parent/Legal Guardian/or person 18 years old or older must sign the following:

Signature: _____ Date: _____



Intake Questionnaire

Name: _____

Employed _____ Not working _____ Disabled _____ Retired _____ Student _____

Employer Name: _____ Employer Phone: _____

What is your occupation? _____

Marital Status: Married _____ Divorced _____ Widow _____ Single _____

Are you pregnant or is there a chance that you might be pregnant? _____ Yes _____ No

Have you fallen in the past year? _____ Yes _____ No

Date of injury/when condition began: _____

Prior to your injury did you have any limitations or restrictions: _____ Yes _____ No

If yes, did you use any equipment such as walking aides or reachers _____ Yes _____ No

Have you previously injured this body part? Yes _____ No _____

If so when : _____

Is this a work related injury? Yes _____ No _____

If so did you lose time from work due to this injury? Yes _____ No _____

If yes, have you returned to work? Yes _____ No _____

Please tell us how much lost time from work you suffered? _____ weeks _____ months

Is this an auto related injury? Yes _____ No _____

Have you ever sought medical attention following a vehicle accident? Yes _____ No _____

Using this scale rate your pain over the past 48 hours: (no pain) 0-1-2-3-4-5-6-7-8-9-10 (most severe pain)

At the Worst _____ Best _____ Now _____

What is your height? ___ feet ___ inches; What is your weight? _____ pounds

Social History

Do you live: alone _____ with spouse _____ with family _____

Are there any children or dependants that reside in your home? Yes (how many) _____ No _____

How many stairs to get into dwelling?: _____ How many stairs inside dwelling?: _____

Are there cultural/religious practices that we should respect during your therapy?

If so please explain: _____

Do you smoke? No Yes (packs per day _____)

Do you regularly consume alcoholic beverages? No Yes (amount per day _____)

Have you recently had any additional stress in your life? No Yes

If yes, please explain: _____

CONTINUED ON REVERSE SIDE >>>

Intake Questionnaire (Page 2)

Which diagnostic tests have been performed on you for this condition?

MRI CT Scan X-ray Bone Scan
 EMG/NCV (nerve test) Lab/Blood Tests

Past Medical History (please check all that apply)

High Blood Pressure <input type="checkbox"/>	Cancer <input type="checkbox"/>	Low Back Pain <input type="checkbox"/>
Heart Attack <input type="checkbox"/>	Heart Disease <input type="checkbox"/>	Neck Pain <input type="checkbox"/>
Pacemaker <input type="checkbox"/>	Osteoarthritis <input type="checkbox"/>	Osteoporosis <input type="checkbox"/>
Rheumatoid Arthritis <input type="checkbox"/>	Seizures/Epilepsy <input type="checkbox"/>	Blood Clot <input type="checkbox"/>
Diabetes <input type="checkbox"/>	Asthma <input type="checkbox"/>	Lung Condition/COPD <input type="checkbox"/>
Polio <input type="checkbox"/>	Headaches <input type="checkbox"/>	Fainting/Dizziness <input type="checkbox"/>
Fractures <input type="checkbox"/>	High Cholesterol <input type="checkbox"/>	Peripheral Vascular Disorders <input type="checkbox"/>
Cardiac arrhythmia <input type="checkbox"/>	Depression <input type="checkbox"/>	Stroke <input type="checkbox"/>
Migraines <input type="checkbox"/>	Recent Infection <input type="checkbox"/>	Kidney Stones <input type="checkbox"/>
Anemia <input type="checkbox"/>	Gout <input type="checkbox"/>	Shingles <input type="checkbox"/>

Other (please list): _____

Surgeries (list all): _____

Current Pain Medications (please check all that apply):

Advil/Motrin/Ibuprofen <input type="checkbox"/>	Vicodin <input type="checkbox"/>	Darvocet <input type="checkbox"/>
Tylenol/Acetaminophen <input type="checkbox"/>	Flexeril/Skelaxin <input type="checkbox"/>	Oxycontin/Oxycodone <input type="checkbox"/>
Capsaicin <input type="checkbox"/>	Hydrocodone <input type="checkbox"/>	Lidoderm/Lidocaine patch <input type="checkbox"/>
Lortab <input type="checkbox"/>	Norco <input type="checkbox"/>	Morphine (MS Contin) <input type="checkbox"/>
Gabapentin (Neurontin) <input type="checkbox"/>	Pregabalin (Lyrica) <input type="checkbox"/>	Carbamazepine (Tegretol) <input type="checkbox"/>
Duloxetine (Cymbalta) <input type="checkbox"/>	Amitriptyline <input type="checkbox"/>	Percocet <input type="checkbox"/>
Ultracet <input type="checkbox"/>	Ultram (Tramadol) <input type="checkbox"/>	Darvon <input type="checkbox"/>
Duragesic (Fentanyl) patch <input type="checkbox"/>	Codeine <input type="checkbox"/>	Hydromorphone (Dilaudid or Palladone) <input type="checkbox"/>
Meperidine (Demerol) <input type="checkbox"/>	Valium <input type="checkbox"/>	Mephobarbital (Mebaral) <input type="checkbox"/>
Alprazolam (Xanax) <input type="checkbox"/>	Cymbalta <input type="checkbox"/>	Flexor Pain Patch <input type="checkbox"/>
Chlordiazepoxide HCL (Librium) <input type="checkbox"/>		Pentobarbitalsodium (Nembutal) <input type="checkbox"/>
Naprosyn/Naproxyn/Aleve/Anaprox <input type="checkbox"/>		Other: _____

Other Medications:

Please check any of the following symptoms you currently have or had around the time of your injury:

<input type="checkbox"/> History of steroid/corticosteroid use	<input type="checkbox"/> Excessive thirst
<input type="checkbox"/> Fever or night sweats	<input type="checkbox"/> Unexplained Sweat
<input type="checkbox"/> Loss of bowel or bladder control	<input type="checkbox"/> Unexplained fatigue
<input type="checkbox"/> Pain that awakens you at night	<input type="checkbox"/> Pain/difficulty with urination or discharge
<input type="checkbox"/> New or unexplained skin rashes or jaundice	<input type="checkbox"/> Blood in urine or change in color of stools
<input type="checkbox"/> Recent unexplainable loss of weight	<input type="checkbox"/> Nausea or vomiting
<input type="checkbox"/> Pain that increases or worsens with lying down	
<input type="checkbox"/> Dizziness or shortness of breath with usual activities	